

MENTORING SESSION #39

Name of Protégé _____
Name of Mentor _____
Date of Session _____

“We need to learn to set our course by the stars, not by the light of every passing ship.”
General Omar Bradley

PROFESSIONAL:

Core area of focus: Ministry

Subject: Non-Crisis Pastoral Counseling

Bring to the session: - Any pertinent local resources on counseling
- Access to the HQ USAF HC website

- 1) Review the chaplain's training and experiences with pastoral counseling.
- 2) Discuss the difference between being a spiritual advisor and a therapist.
- 3) Describe counseling situations that typically require referral.
- 4) Discuss appropriate and inappropriate communications with colleagues.
- 5) Discuss the value of keeping adequate records for generic reporting and the importance of storing records in a secure and confidential location.
- 6) Discuss counseling hours – especially evening hours – and the importance of having co-workers in the facility when counseling, etc.
- 7) Access the Chaplain Service website under Resources/Pastoral Care Links/Counseling and discuss the resources there for counseling ministry.

PERSONAL:

Explore some local area training and resources to improve your relational skills. List what the resources are.

NEXT SESSION DATE and TIME: